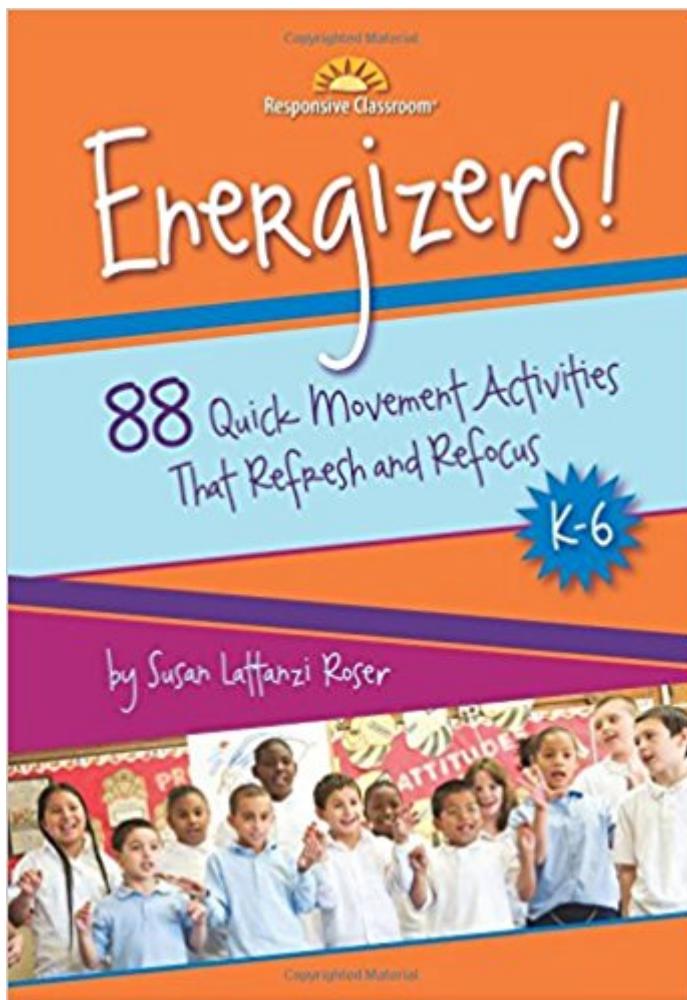


The book was found

# Energizers! 88 Quick Movement Activities That Refresh And Refocus, K-6



## **Synopsis**

To learn well, children need to move! A few minutes of playful moving, laughing, chanting, or singing promote more and more productive learning. The energizers in this book are easy to teach and learn. You can use them: Anywhere: Inside or outside the classroom, with children circled up, at their desks or tables, or waiting in line energizers work everywhere! Anytime: Between long instructional blocks, as Morning Meeting activities, when children need to calm down, and when they need to perk up energizers work throughout the school day! With any grade level, K-6: For quick selection, the energizers in this book are labeled by grade level but we've included variations and suggestions to help you adapt them to fit your group. Please note: we have published 7 Kindle books of energizers, grades K-6. Each one contains 12 energizers. Available in the Kindle store for \$3.98 each.

## **Book Information**

Spiral-bound: 160 pages

Publisher: Center for Responsive Schools, Inc.; 1st edition (August 19, 2009)

Language: English

ISBN-10: 1892989336

ISBN-13: 978-1892989338

Product Dimensions: 0.5 x 7.8 x 11.2 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 41 customer reviews

Best Sellers Rank: #10,699 in Books (See Top 100 in Books) #22 in Books > Education & Teaching > Schools & Teaching > Homeschooling #54 in Books > Textbooks > Education > Elementary Education #198 in Books > Education & Teaching > Schools & Teaching > Education Theory

## **Customer Reviews**

Susan Lattanzi Roser taught elementary school students for fifteen years and is currently a Responsive Classroom consulting teacher. Susan is also the author of 80 Morning Meeting Ideas for Grades K-2.

Use a lot of these. Some of them are confusing, though and unusable.

I am student teaching for Kindergarten. I've used this book many times for transitions and morning

meetings. The children respond to these great energizers positively and it helps the children who really need to add some activity between lessons.

Great resource to use to get the children up and moving with fun, quick activities.

Great experience!

My students LOVE doing these activities. The "Energizers" get students moving and build in phonemic awareness at the same time. I have recommended this book to many teachers. It is well worth the low price as it is FULL of great activities!!

Love this book for awesome ideas! I can easily pick any activity to insert when the class needs a pick-me-up!

Great book! I used some of the songs/chants last year for Drama Camp,

Great help for teachers that utilize the Responsive Classroom methods

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